



# Kara Bunde-Dunn

Keynotes, Workshops & Programs  
to help leaders become more  
karmically balanced.

## Karmic Leadership

5 powerful techniques to help you become a more karmically balanced leader.

Leaders today are stressed out, carrying a lot of anxiety and feeling unbalanced when it comes to leading. They are often giving from an empty bucket and burning out their teams in the process.

There is a better way to lead. Throughout Kara's career, and her quest to grow personally and professionally, she has learned some powerful techniques that completely changed the way she showed up for herself and her teams.

If you are looking for a dynamic speaker who can help your audience become more karmically balanced leaders, Kara is your choice. Through the art of storytelling, humor, and loads of energy, Kara will leave your audience feeling empowered to make lasting changes in their lives.

### **After hearing Kara's engaging and dynamic speech, your audience will:**

- Make small changes in their daily route.
- Learn how to use visualizations to achieve goals.
- Identify signs of burnout and learn ways to prevent it.
- Realize the power of leading from a place of love.
- Start to tell themselves the truth in regard to their karmic leadership.

To book Kara to speak, facilitate a workshop with your team or explore her Karmic Leader Program, reach out at [karmicleader.com](http://karmicleader.com).